29th September 2023

Dear Parents/Carers,

On Monday 9th October, we will be supporting World Mental Health Day. For a donation of £1, we are asking all children to come into school wearing one item of yellow clothing. This could be a yellow t-shirt/jumper, yellow socks or even a yellow hair bobble. All monies raised will be donated to Young Minds, a charity which fights for children and young people’s mental health.

Throughout the week, children will be thinking about what mental health means and how they can support their own mental health using our 5 Ways to Wellbeing – Be Active, Take Notice, Give, Keep Learning and Connect.

Many thanks for your continued support,

Mrs A. Askew and Miss K. Boyd