

## Whiston Willis Menu









Please see your kitchen team for any dietary requirements.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Tomato and Basil pasta bake served with Garlic bread  Allergens: Cereals containing Gluten	Crispy Southern fried chicken goujons wrap served with oven cooked wedges and salad  Allergens: Celery, Milk, Mustard, Cereals containing Gluten	Sausage, scrambled egg, hash brown, mushrooms, beans served with toast/barm  Allergens: Eggs, Milk, Cereals containing Gluten, Sulphur Dioxide & Sulphites, Soya	Farm assured roast chicken with new potatoes, yorkshire pudding, gravy and seasonal vegetables  Allergens: Cereals containing Gluten, Eggs, Milk	Harry Ramsdens fish fillet with homestyle cooked chips and beans or spaghetti hoops  Allergens: Fish, Cereals containing Gluten
Sand- wiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard
Jackets	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection  Allergens: Fish, Mustard, Milk, Egg	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection  Allergens: Fish, Mustard, Milk, Egg	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection  Allergens: Fish, Mustard, Milk, Egg	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection  Allergens: Fish, Mustard, Milk, Egg	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection  Allergens: Fish, Mustard, Milk, Egg
Desserts	Mousse served with fruit  Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	lce cream pot Allergens: Milk
Main 1	Ravoli in a tomato sauce served with wedges and crusty bread  Allergens: Cereals containing Gluten, Celery	Salmon and broccoli in a creamy sauce served with pasta and salad  Allergens: Fish, Cereals containing Gluten	Tikka Masala Curry & rice served with Naan bread  Allergens: Milk, Eggs, Cereals containing Gluten	Farm Assured Beef, Mash, yorkshire pudding, gravy and seasonal vegetables  Allergens: Cereals containing Gluten, Eggs, Milk	Fish Finger sub, homestyle cooked chips beans or Spaghetti Hoops  Allergens: Fish, Cereals containing Gluten
Sand- wiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard
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Desserts	Jelly topped with cream served with fruit  Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Sponge cake Allergens: Cereals containig Gluten, Egg, Milk
Main 1	Meatballs in a rich tomato and herb sauce with Spaghetti and garlic bread  Allergens: Cereals containing Gluten	Chicken Enchiladas with peppers, sweetcorn, onion in a mild chilli sauce served with rice, nachos & salad Allergens: Cereals containing Gluten	Spaghetti Bolognaise served with garlic bread and salad  Allergens: Cereals containing Gluten, Eggs,	Roast Chicken served with roast potatoes, yorkshire pudding, gravy and seasonal vegetables  Allergens: Cereals containing Gluten, Eggs, Milk	Harry Ramsdens Fish fillet served with oven cooked chunky chips and beans  Allergens: Cereals containing Gluten, Fish
Sand- wiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection  Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard
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Desserts	Chocolate Brownie  Allergens: Cereals containig Gluten, Egg, Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Iced topped school cake served with custard  Allergens: Milk. May Contain: Cereals containing Gluten, Eggs, Soya

Available daily: Fresh Fruit, Yoghurt, Water and Milk.

denotes a healthy choice meal (all sandwich and jacket potato options are healthy choice).



Week One Week Two Week Three









