



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Introduction to PE : Unit 1	Introduction to PE : Unit 1	Introduction to PE : Unit 2	Dance : Unit 1	Fundamentals : Unit 1
Reception	Fundamentals : Unit 2	Dance : Unit 2	Gymnastics : Unit 1	Fundamentals : Unit 2	Games : Unit 1	Ball Skills : Unit 1
Year 1	Dance	Gymnastics	Target Games	Ball Skills	Striking and Fielding Games	Invasion Games
	Fundamentals	Fitness	Yoga	Net and Wall Games	Athletics	Sending and Receiving
Year 2	Dance	Gymnastics	Target Games	Ball Skills	Striking and Fielding Games	Invasion Games
	Fundamentals	Fitness	Yoga	Net and Wall Games	Athletics	Sending and Receiving
Year 3	Fundamentals Y3/4	Gymnastics	Ball Skills Y3/4	Fitness	Athletics	Rounders
	Dance	Football	Yoga	Dodgeball	Tennis	Rugby
Year 4	Fundamentals Y3/4	Gymnastics	Ball Skills Y3/4	Fitness	Athletics	Cricket
	Dance	Basketball	Hockey	Dodgeball	Tennis	Handball
Year 5	Fitness	Dance	Gymnastics	Rugby	OAA	Athletics
	Badminton Y5/6	Netball	Hockey	Volleyball Y5/6	Swimming	Rounders
Year 6	Fitness	Handball	Gymnastics	Football	OAA	Athletics
	Badminton Y5/6	Dance	Dodgeball	Tennis	Swimming	Cricket