
















# Whiston Willis School



Please see your kitchen team for any dietary requirements.

| Monday     |             | Tuesday   |  | Wednesday  |  | Thursday   |  | Friday |  |
|------------|-------------|---|--|--|--|--|--|--------|--|
| Week one   | Main 1      | Cheese and tomato pizza with oven cooked wedges, salad selection and coleslaw<br><i>Allergens: Cereals containing Gluten, Soya, Milk, Eggs, Mustard</i>   | Scrambled eggs, sausages, beans, hash brown, mushrooms and toast/barm<br><i>Allergens: Eggs, Milk, Soya, Cereals containing Gluten, Sulphur Dioxide (Sulphites)</i>  |  Freshly made spaghetti bolognese with warm garlic bread<br><i>Allergens: Cereals containing Gluten, Celery, Mustard, Sesame, Milk, Eggs, Soya, Sulphur Dioxide (Sulphites)</i> |  Farm assured roast chicken with new potatoes, yorkshire pudding, gravy and seasonal vegetables<br><i>Allergens: Cereals containing Gluten</i>    |  Harry Ramsdens fish fillet with homestyle cooked chips and beans or spaghetti hoops<br><i>Allergens: Fish, Cereals containing Gluten</i> |  |        |  |
|            | Sand-wiches | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>   | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  |  |        |  |
|            | Jackets     | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>   | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  |  |        |  |
|            | Desserts    | Freshly made flapjack<br><i>Allergens: Eggs, Soya, Milk, Cereals containing Gluten</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Iced school cake with vanilla flavouring<br><i>Allergens: Milk, Egg, Soya, Cereals containing Gluten</i> |        |  |
| Week two   | Main 1      |  Chicken burger in a bun with oven cooked potato wedges<br><i>Allergens: Cereals containing Gluten, Egg, Milk, Sesame</i>  |  Freshly made tomato pasta with garlic bread<br><i>Allergens: Cereals containing Gluten, Milk, Soya</i>                   |  Chicken tikka masala and rice with naan bread<br><i>Allergens: Milk, Eggs, Cereals containing Gluten</i>   |  Farm assured roast beef with mash, yorkshire pudding, gravy and seasonal vegetables<br><i>Allergens: Cereals containing Gluten, Milk</i>         |  Fish fingers with homestyle cooked chips beans or spaghetti hoops<br><i>Allergens: Fish, Cereals containing Gluten</i>                   |  |        |  |
|            | Sand-wiches | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>   | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  |  |        |  |
|            | Jackets     | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>   | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  |  |        |  |
|            | Desserts    | Butterfly cake<br><i>Allergens: Cereals containing Gluten, Egg, Milk, Soya</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Cookie with milkshake<br><i>Allergens: Cereals containing Gluten, Eggs, Milk, Soya</i>                   |        |  |
| Week three | Main 1      |  Freshly prepared meatball pasta with warm garlic bread<br><i>Allergens: Cereals containing Gluten, Celery, Mustard, Sesame, Milk, Eggs, Soya, Sulphur Dioxide (Sulphites)</i> |  BBQ chicken burrito with savoury rice and salad selection<br><i>Allergens: Cereals containing Gluten, Sesame, Milk</i> |  Chicken korma with rice and naan bread<br><i>Allergens: Milk, Cereals containing Gluten</i>  |  Farm assured roast gammon with roast potatoes, yorkshire pudding, gravy and seasonal vegetables<br><i>Allergens: Cereals containing Gluten</i> |  Golden crumb salmon fish fingers with homestyle cooked chips and beans<br><i>Allergens: Cereals containing Gluten, Fish</i>            |  |        |  |
|            | Sand-wiches | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>   | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  | Choice of sandwich/barm with salad selection<br><i>See below for fillings and allergens</i>  |  |        |  |
|            | Jackets     | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>   | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  | Choice of jacket potato with salad selection<br><i>See below for fillings and allergens</i>  |  |        |  |
|            | Desserts    | Lolly ice<br><i>Allergens: N/A</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Fresh fruit and yoghurt<br><i>See below</i>  | Frozen ice cream pot<br><i>Allergens: Milk</i>   |        |  |

Available daily:

- Choice of ham, cheese (v), tuna or egg (v) filled sandwich/barm with salad selection  
*Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard*
- Oven baked jacket potato with tuna, cheese (v) or beans (v) with salad selection  
*Allergens: Fish, Mustard, Milk, Eggs*
- Fresh Fruit, Yoghurt, Water and Milk

denotes a healthy choice meal (all sandwich and jacket potato options are healthy choice).

April 2025

| M  | T  | W  | T  | F  | S  | S  |
|----|----|----|----|----|----|----|
|    | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 |    |    |    |    |

Week One Week Two Week Three

May 2025

| M  | T  | W  | T  | F  | S  | S  |
|----|----|----|----|----|----|----|
|    |    |    | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |    |

June 2025

| M  | T  | W  | T  | F  | S  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    | 1  |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 |    |    |    |    |    |    |

July 2025

| M  | T  | W  | T  | F  | S  | S  |
|----|----|----|----|----|----|----|
|    | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 |    |    |    |

August 2025

| M  | T  | W  | T  | F  | S  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 |    |    |    |    |    |    |

September 2025

| M  | T  | W  | T  | F  | S  | S  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

October 2025

| M  | T  | W  | T  | F  | S  | S  |
|----|----|----|----|----|----|----|
|    |    |    | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |    |