

Together for Families  
Coffee Morning on-line

***Self-isolating with your sensory  
child - ideas for home activities***

Join the Together Trust for a live webinar  
**Wednesday 20<sup>th</sup> January 2021**  
**10:00am – 12:00pm**

**Webinar will commence at 10.15am**

- Practical ideas to help at home
- Based on things that work in school
- Sensory Circuits, Yoga, Sensory boxes
- Managing the environment
- Focus on independence

Professionals will be available for advice  
Take the opportunity to chat to other parents/carers

The webinar will be presented by  
**Mary Sheard, Specialist Occupational Therapist**  
&  
**Rachel Peek, Occupational Therapist**

Email [tffadmin@togethertrust.org.uk](mailto:tffadmin@togethertrust.org.uk) to register.  
The booking link will be sent to you on  
Tuesday 19<sup>th</sup> January.